Patient Prep and Instruction Manual
Scheduled Test: Thyroid Uptake and Scan

Date: ________________  Time: ________________

Where: Nuclear Medicine, Ground Floor Perelman Center

Purpose: To evaluate the thyroid gland’s function and structure

Contraindication: Please notify the Nuclear Medicine staff if you have had x-ray contrast in the last 6 weeks.

Preparation: Patient should refer to the ordering physician for preparation for all thyroid exams and treatments.

Procedure: You will be given a capsule of a small amount of radioactive iodine.

You will return the next day for an uptake and scan of your thyroid. This will take approximately 1 hour.

After Care: You may resume your normal lifestyle.

If you have any questions about your scheduled test, please contact the Nuclear Medicine department at 215-662-3051.

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