Patient Prep & Instruction Manual
Scheduled Test: Prostate Ultrasound

Date:_____________ Time:_____________

Where: You will report to Radiology Reception (ground floor/Dulles Building). Look for signs to the Radiology Reception area where you are to check in.

Purpose: This examination provides a detailed image of your prostate. The scan is safe and most patients find it to be painless. There is no radiation involved.

Preparation: A Fleets enema must be taken 1-4 hours prior to the examination. If your Doctor requests a Prostate Specific Antigen (PSA) blood test, please arrange to have it drawn prior to your ultrasound examination or on another day.

Procedure: The examination usually takes approximately 15-20 minutes. You will be asked to change into a gown and provide us with a brief history. You will then be placed on a stretcher and asked to lie on your left side. A plastic device called a transducer, which has been specifically designed for this particular study, will be placed into your rectum. These transducers are sterilized between patients and covered with a non-latex sheath during the examination. Many patients find this study similar to the digital rectal examination performed in their physician’s office.

After Care: After the test, you may resume all normal activities. Your attending physician will discuss the results of your ultrasound examination with you.

If you have any questions, please do not hesitate to contact one of our technologists at (215) 662-3123.