Patient and Family Education

Department of Radiology
Hospital of the University of Pennsylvania
Perelman Center for Advanced Medicine
Philadelphia, PA 19104

Patient Prep & Instructions
Scheduled Test: PET/CT Wholebody Study for Cancer Evaluation

Date: ________________  Time: ________________

Where: Nuclear Medicine Division of Radiology Department, Perelman Center for Advanced Medicine, Ground Floor

Purpose: To determine tumor localization or status

Preparation: Patient should be fasting overnight or at least 6 hours prior to scan and well hydrated. This includes no gum or hard candy. If you are diabetic, talk to your physician about what medicines to take and when to take them.

Patients should be well hydrated prior to their appointment.

Diabetics that have a glucose level >200 mg/dl may be rescheduled.

Procedure: Your blood glucose level will be checked. A radioactive tracer, 18 FDG, will be administered. The tracer will be allowed to circulate for approximately 60 minutes. Patient may have to drink two cups of oral contrast. Imaging will take approximately 45-60 minutes.

After Care: You may resume your normal lifestyle.

If you have any questions about your scheduled test, please contact the Nuclear Medicine/PET Department at 215-615-5968 or 215-662-7662.

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