Patient Prep & Instructions

Scheduled Test: PET Brain Scan

Date: ________________ Time: ________________

Where: Nuclear Medicine Division of Radiology Department, Perelman Center for Advanced Medicine, Ground Floor

Purpose: To evaluate cellular metabolism of the brain

Preparation: Patient should be fasting overnight or at least 1 hour prior to scan and well hydrated with plain water. This includes no gum, hard candy or cough drops. If you are diabetic, talk to your physician about what medicines to take and when to take them.

Diabetics that have a glucose level >200 mg/dl may be rescheduled.

Procedure: Your blood glucose level will be checked. Then a radioactive tracer, 18 FDG, will be administered. The tracer will be allowed to circulate for 30-50 minutes. Imaging will take approximately 15-30 minutes.

After Care: You may resume your normal lifestyle.

If you have any questions about your scheduled test, please contact the Nuclear Medicine/PET Department at 215-615-5968 or 215-662-7662.

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