Patient and Family Education

Department of Radiology
Perelman Center for Advanced Medicine
3400 Civic Center Blvd
Philadelphia, PA 19104

Patient Prep & Instructions
Scheduled Test: Gastric Empty

Date: _______________  Time: _______________

Where: Nuclear Medicine Division of Radiology Department, Perelman Center, Ground Floor

Purpose: To evaluate stomach emptying rate

Contraindications: Sulfa allergy

Preparation: Nothing to eat or drink after midnight the night before your exam

What to Expect: You will be fed a meal consisting of two egg whites. A very small amount of radioactive material will be mixed into these eggs. You will also receive two slices of toast & jam and a small glass of water.

Immediately after you finish eating the meal, we will take two 1-minute images of your stomach. We will then take images of your stomach every 60 minutes for a total of 4 hours.

After Care: You may resume your normal lifestyle.

If you have any questions about your scheduled test, please contact the Nuclear Medicine Department at 215-662-3051.

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