Patient Prep & Instruction Manual
Scheduled Test: Endovaginal MRI

Date: ___________ Time: ___________

Where: Depending upon where your appointment is scheduled, you will report to Radiology Reception at either Ground Floor Dulles of the Hospital of the University of Pennsylvania, or the Ground Floor of the Perelman Center for Advanced Medicine.

Purpose: MRI is a scanning technique that allows your doctor to see areas of your body without the use of x-rays. With a large magnet and radio frequencies, we can provide detailed images of internal body structures. MRI is considered an extremely safe procedure for most people, but because of the high magnetic field and radio frequencies there are some people who cannot have an MRI (see below).

Scheduling: To schedule this exam, please call (215) 662-3000. Inform the scheduler that a pelvis with endovaginal coil is needed (code is MRPLC). This exam must be scheduled M-F 8am-3pm. Referring MD must indicate the exam as MRI Pelvis with Endovaginal coil on the request form. Bring referrals and insurance information along with your prescription or request slip. Please plan to arrive 15 minutes before your examination. If you do not arrive on time it is possible that we may need to reschedule your study for another day.

When you Arrive: The receptionist will ask you to fill out the MRI data sheet/questionnaire. For your safety, you will be asked questions concerning implants and metals by the technologists. You will also be asked to remove ALL jewelry, watches, dentures, glasses and hearing aides. It may be easiest if you wear as few of these items as possible. You will be asked to place all items, including your credit cards and wallet, into a locker and change into a patient gown.

Your Scan: To image the pelvis for urethral diverticula, you will be placed on the MRI table and a special soft probe inserted into the vagina directly under the urethra. The signal is detected by this probe during the series of scans.
to produce highly detailed pictures of the surrounding tissue. There is an intercom system so that you can hear and talk to the technologist who is operating the scanner. During the exam you will hear a knocking sound, which is when you need to hold perfectly still. The scan is very sensitive to motion. If you move even a little during the scan, the entire scan may need to be repeated. Typically the exam is 45 minutes.

Results of your Test: A radiologist will review your MRI examination. A radiologist is a physician who specializes in diagnoses by various imaging techniques. The radiologist reports the results to your physician, who will then discuss the findings with you. Images and reports can be obtained from the Radiology Film Library – (215) 662-3058/3059.

YOU CANNOT HAVE AN MRI:

- **IF YOU HAVE A CARDIAC PACEMAKER AND/OR AUTOMATIC IMPLANTABLE CARDIOVERTER DEFIBRILLATOR (AICD),** you **CANNOT** have an MRI unless, in very selected clinical situations, your physician has contacted our cardiovascular radiologist for a formal evaluation of your implant, accessed the need for the MRI, and preplanned the procedure to be monitored under the direct supervision of a cardiovascular radiologist and an electrophysiologist.

- **IF YOU HAVE A NEUROSTIMULATOR.** Most neurostimulators are not safe for MRI. You **CANNOT** have an MRI unless your unit has been identified as one that can be scanned and, if so, under very specific conditions. This would need to be preplanned with a call from your physician and the details addressed prior to scheduling.

- **IF YOU HAVE CEREBRAL ANEURYSM CLIPS,** contact us immediately. Depending on the type of clip, we may not be able to perform an MRI. If you are pregnant or have any other type of biomedical implant, please inform us (215) 662-6570, because the MRI exam may not be possible. Also tell us if you had any brain, eye, ear or other surgery.

- **IF YOU EVER HAD EXPOSURE TO METAL FRAGMENTS IN OR AROUND THE EYES,** or work with metal such as arc-welding, grinding, drilling metal, tool and die work, please contact us.

- **IF YOU ARE CLAUSTROPHOBIC** (fear of enclosed places), ask to be scheduled on our 1.5T open magnet. You may discuss with your physician if oral medication is necessary and should be obtained from your physician prior to MRI. MRI cannot prescribe oral sedatives.

- **IF YOU WEIGH OVER 400lbs,** please call us. You need to be scheduled to one of our 1.5T open magnet. Maximum weight limit for these units is 550lbs.

Questions: Please call (215) 662-6570 (Hospital of the University of Pennsylvania) or (610) 980-1880 (Radnor MRI) to speak to a technologist about any questions or concerns.