







WHO WE ARE

The Penn Medicine Program for Lesbian, Gay, Bisexual, and Transgender (LGBT) Health works to improve the care of all LGBT people. The Program is part of Penn Medicine and the University of Pennsylvania Health System.





OUR PROMISE TO YOU

SE We are committed to providing the best care for the LGBT community in a safe and friendly environment.

In this LGBT Patient Services Handbook, you will find:

As a patient at Penn, you will receive care by providers who will treat you with respect.

- You have the right to healthcare without discrimination based on sexual orientation and gender identity or expression.
- You have the right to choose who you want to visit or come with you to appointments.

To learn more about patient rights at Penn Medicine, please visit http://www.pennmedicine.org/ health-system/patient/quality-out comes/patient-bill-rights/



Penn Medicine has been designated as a "Leader in LGBT Healthcare Equality" by the Human Rights Campaign Foundation.



- A directory of Penn Medicine providers who regularly care for LGBT patients and have knowledge in LGBT health.*
- Recommendations on how to speak with your provider about your sexual orientation and gender identity.
- Information about common health and wellness topics important to the LGBT community.
- A directory of Penn Medicine health services and centers.
- * The provider directory is not comprehensive and continues to grow. If you are a provider at Penn and would like to be listed, email **lgbthlth@med.upenn.edu** or call **215-573-8499**

Visit us on the web at www.PennMedicine.org/LGBT

PROVIDER DIRECTORY

This list is not comprehensive and continues to grow. If you are a provider at Penn and would like to be listed, please contact lgbthlth@med.upenn.edu.

PRIMARY CARE

FAMILY MEDICINE

Katherine Margo, MD 🗘 🗭 Penn Family Care -Penn Medicine University City 3737 Market Street, 9th Floor Philadelphia, PA 19104 215-662-8777

Allison Myers, MD 🕕 🕑

Penn Family Care -Penn Medicine University City 3737 Market Street, 9th Floor Philadelphia, PA 19104 215-662-8777

INTERNAL MEDICINE

Tamara Danilewitz, MD

Penn Medicine - Washington Square, 16th Floor 800 Walnut Street, 16th Floor Philadelphia, PA 19107 215-829-0101

Laura Tucker Honig, PA-C 🕒

Penn Medicine - Washington Square, 16th Floor 800 Walnut Street Philadelphia, PA 19107 215-829-0101

Kathleen King, MD 😲

Penn Medicine - Washington Square, 16th Floor 800 Walnut Street Philadelphia, PA 19107 215-829-0101

Andrew W. Maier, MD

PennCare - Edward S. Cooper Practice of General Internal Medicine, Suite 640 3701 Market Street Philadelphia, PA 19104 215-662-2250

Jennifer Nizen, MD

Penn Medicine - Washington Square, 16th Floor 800 Walnut Street Philadelphia, PA 19107 215-829-0101

Lori Noble, MD 😲

Penn Medicine Washington Square, 16th Floor 800 Walnut Street Philadelphia, PA 19107 215-829-0101

Experienced in Transgender HealthPrescribes PrEP



Eric J. Palecek, MD

PennCare - Edward S. Cooper Practice of General Internal Medicine, Suite 640 3701 Market Street Philadelphia, PA 19104 215-662-2250

Marisa A. Rogers, MD, MPH, FACP ()

PennCare - Edward S. Cooper Practice of General Internal Medicine, Suite 640 3701 Market Street Philadelphia, PA 19104 215-662-2250

Robert S. Rudenstein, MD

Penn Medicine - Washington Square, 16th Floor 800 Walnut Street Philadelphia, PA 19107 215-829-0101

Erica Wolf, MD 🛛 🕑

Penn Medicine - Washington Square, 16th Floor 800 Walnut Street Philadelphia, PA 19107 215-829-0101

Charmaine Wright, MD 🅡

Penn Medicine - Washington Square, 16th Floor 800 Walnut Street Philadelphia, PA 19107 215-829-0101

SPECIALTY CARE

CARDIOLOGY

Rajat Deo, MD

Cardiac Electrophysiology, Arrhythmias Hospital of the University of Pennsylvania 9 Founders Cardiology 3400 Spruce Street Philadelphia, PA 19104 215-615-5455

Victor A. Ferrari, MD

Cardiovascular Diseases Penn Heart and Vascular Center Perelman Center for Advanced Medicine 2nd Floor, East Pavilion 3400 Civic Center Boulevard Philadelphia, PA 19104 215-662-2912

PROVIDER DIRECTORY

ENDOCRINOLOGY, DIABETES, AND METABOLISM

llona Lorincz, MD 🅡

Perelman Center for Advanced Medicine 4th Floor, West Pavilion 3400 Civic Center Blvd Philadelphia, PA 19104 215-662-2300

ENDOCRINE AND ONCOLOGIC SURGERY

Carla Fisher, MD

Breast Surgery Perelman Center for Advanced Medicine 3rd Floor, West Pavilion 3400 Civic Center Blvd Philadelphia, PA 19104 215-615-5858

PLASTIC SURGERY

Oren Friedman, MD 🚺

Cosmetic facial surgery, Rhinoplasty, Feminization/ masculinization of nose, Facial implants, Eyelid surgery Penn Medicine – Washington Square, 18th Floor 800 Walnut Street Philadelphia, PA 19107 215-829-5180

Joshua Fosnot, MD 🊺

Reconstructive, cosmetic surgery, and microsurgery Perelman Center for Advanced Medicine South Pavilion, 1st Floor 3400 Civic Center Boulevard Philadelphia, PA 19104

23 Morris Avenue, Suite 219 Bryn Mawr, PA 19010 215-662-7300 for both locations

Joseph M. Serletti, MD, FACS 🕡

Reconstructive, cosmetic surgery, and microsurgery Perelman Center for Advanced Medicine South Pavilion, 1st Floor 3400 Civic Center Boulevard Philadelphia, PA 19104

23 Morris Avenue, Suite 219 Bryn Mawr, PA 19010 215-662-7300 for both locations

FERTILITY CARE

Scott E. Edwards, MD

Infertility and Reproductive Endocrinology Penn Medicine Washington Square – Penn Fertility Care, 10th Floor 800 Walnut Street Philadelphia, PA 19104 215-662-6100

Experienced in Transgender HealthPrescribes PrEP

Suleena Kansal Kalra, MD, MSCE

Infertility and Reproductive Endocrinology General Gynecology Penn Medicine Washington Square – Penn Fertility Care, 10th Floor 800 Walnut Street Philadelphia, PA 19104 215-662-6100

Monica Mainigi, MD

Reproductive Endocrinology and Infertility Penn OB/GYN Associates -Reproductive Endocrinology and Infertility, Suite 800 3701 Market Street Philadelphia, PA 19104 215-662-6100

Suneeta Senapati, MD, MSCE

Infertility and Reproductive Endocrinology Penn OB/GYN Associates - Reproductive Endocrinology and Infertility, Suite 800 3701 Market Street Philadelphia, PA 19104 215-662-6100

GENERAL SURGERY

Allen H. Bar, MD

General Surgery Penn Medicine - Washington Square, 20th Floor 800 Walnut Street Philadelphia, PA 19107 215-829-3455

Ari D. Brooks, MD

Breast, Thyroid, Parathyroid, and General Oncology Surgery Penn Medicine – Washington Square, 16th Floor 800 Walnut Street Philadelphia, PA 19107 215-829-8461

Penn Medicine – Woodbury Heights 1006 Mantua Pike Woodbury Heights, NJ 08097 215-829-8461

Jon B. Morris, MD

Gastrointestinal Surgery Perelman Center for Advanced Medicine GI Surgery, West Pavilion 3400 Civic Center Boulevard Philadelphia, PA 19104 215-662-2131

Rachel R Kelz, MD MSCE FACS

Endocrine Surgery Hospital of the University of Pennsylvania Silverstein Pavilion, 4th Floor 3400 Spruce Street Philadelphia, PA 19104 215-662-2030

PROVIDER DIRECTORY



GERIATRICS

Jason Karlawish, MD Cognitive Disorders Penn Memory Center 3615 Chestnut Street Philadelphia, PA 19104 215-662-7810

HEMATOLOGY/ONCOLOGY

Charu Aggarwal, MD, MPH

Lung, Head, and Neck Malignancies Abramson Cancer Center, 2nd Floor, West Pavilion 3400 Civic Center Boulevard Philadelphia, PA 19104 215-615-5858

Amy Clark, MD

Breast Cancer Rena Rowan Breast Center Abramson Cancer Center, 3rd Floor, West Pavilion 3400 Civic Center Boulevard Philadelphia, PA 19104 215-615-5858

Susan M. Domchek, MD

Breast Cancer Rena Rowan Breast Center Abramson Cancer Center, 3rd Floor, West Pavilion 3400 Civic Center Blvd Philadelphia, PA 19104 215-615-3360

Tracey Evans, MD

Thoracic Malignancies Abramson Cancer Center, 2nd Floor, West Pavilion 3400 Civic Center Blvd Philadelphia, PA 19104 215-615-5858

Tara C. Gangadhar, MD

Melanoma Abramson Cancer Center, 4th Floor, West Pavilion 3400 Civic Center Blvd Philadelphia, PA 19104 215-615-5858

Geoffrey Geiger, MD

Brain, head, neck and gynecologic cancers Abramson Cancer Center, Widener Basement Level 800 Spruce Street Philadelphia, PA 19107 215-829-3873

Experienced in Transgender HealthPrescribes PrEP

Bruce J. Giantonio, MD, FACP

Gastrointestinal Malignancies Abramson Cancer Center, 4th Floor, West Pavilion 3400 Civic Center Boulevard Philadelphia, PA 19104 215-615-5858

Saar Gill, MD

Blood and marrow transplantation Perelman Center for Advanced Medicine West Pavilion, 4th Floor 3400 Civic Center Boulevard Philadelphia, PA 19104 215-662-4000

Arturo Loaiza-Bonilla, MD, FACP 🌗

Gastrointestinal Malignancies Abramson Cancer Center, 4th Floor, West Pavilion 3400 Civic Center Boulevard Philadelphia, PA 19104 215-615-5858

Jakub Svoboda, MD

Lymphoma Abramson Cancer Center, 2nd Floor, West Pavilion 3400 Civic Center Boulevard Philadelphia, PA 19104 215-615-5858

INFECTIOUS DISEASE

Jason Bofinger, MD (Pennsylvania Hospital Garfield Duncan Building, Suite 1B 301 South 8th Street Philadelphia, PA 19106 215-829-5354

Kathleen Brady, MD 🕑

Pennsylvania Hospital Garfield Duncan Building, Suite 1B 301 South 8th Street Philadelphia, PA 19106 215-829-5354

Mike Brafman, MD 🕑

Pennsylvania Hospital Garfield Duncan Building, Suite 1B 301 South 8th Street Philadelphia, PA 19106 215-829-5354

Neil Fishman, MD 🕑

Perelman Center for Advanced Medicine South Pavilion, 4th Floor 3400 Civic Center Boulevard Philadelphia, PA 19104 215-662-6932

lan Frank, MD 🕑

HIV/AIDS Perelman Center for Advanced Medicine South Pavilion, 4th Floor 3400 Civic Center Boulevard Philadelphia, PA 19104 215-662-6932

PROVIDER DIRECTORY

Janet Hines, MD 😱

HIV/AIDS, General infectious Diseases Perelman Center for Advanced Medicine South Pavilion, 4th Floor 3400 Civic Center Boulevard Philadelphia, PA 19104 215-662-6932

Leigh Kennedy, MD 🕑

Pennsylvania Hospital Garfield Duncan Building, Suite 1B 301 South 8th Street Philadelphia, PA 19106 215-829-5354

John Stern, MD 🕑

Pennsylvania Hospital Garfield Duncan Building, Suite 1B 301 South 8th Street Philadelphia, PA 19106 215-829-5354

Pablo Tebas, MD 🕑

Perelman Center for Advanced Medicine South Pavilion, 4th Floor 3400 Civic Center Boulevard Philadelphia, PA 19104 215-662-6932

NEUROLOGY

Andres Deik, MD

Neurology, Movement Disorders Movement Disorders and Parkinson's Disease Center Neurology, 3rd Floor 330 S. 9th Street Philadelphia, PA 19107 215-829-7512

OB/GYN

Peter Vasquez, MD 🊺

General obstetrics and general gynecology Penn OG/GYN Associates 3701 Market Street, 3rd Floor Philadelphia, PA 19104 215-662-6035

OTOLARYNGOLOGY, HEAD AND NECK SURGERY

Natasha Mirza, MD, FACS 🌗

Voice Gender Reassignment Surgery Hospital of the University of Pennsylvania Silverstein Pavilion, 5th Floor 3400 Spruce Street Philadelphia, PA 19104 215-662-2979

PSYCHIATRY/BEHAVIORAL HEALTH

Neil J Bonavita, LCSW

Couples and individual therapy, Managing life transitions, Diverse Family Structures Medical Arts Building, Suite 808 1601 Walnut Street Philadelphia, PA 19102 215-839-6062

Jacqueline Hudak, Ph.D., LMFT 🕕

General Couple and Family Practice, Diverse Family Structures, LGBT Couples The Center for Couples and Adult Families Rm. 4101-4102 3535 Market Street Philadelphia, PA 19104 215-746-5900

Kevin Kuehlwein, PsyD

Depression, Anxiety, Anger, Cognitive-behavioral Therapy Center for Cognitive Therapy, 2nd Floor 3535 Market Street Philadelphia, PA, 19104-3309 215-898-5049

Edward T. Moon, PsyD, CAADC

Sexual minorities, substance use disorders 255 S. 17th Street, Suite 2301 Philadelphia, PA 19103 484-200-7362

Steven Marc Sokoll, MD

Child, adolescent and adult psychiatry, College student psychiatry, Sexuality and gender issues 320 Quarry Lane, Haverford, PA 19041 (Monday, Tuesday, Wednesday, Friday) 255 S. 17th Street, Suite 2601 Philadelphia, PA 19103 (Thursday) 610- 649-4511

PULMONARY MEDICINE

C. Jessica Dine, MD MSHP

Penn Lung Center -Perelman Center for Advanced Medicine 1st Floor, West Pavilion 3400 Civic Center Boulevard Philadelphia, PA 19104 215-662-3202

Judd Flesch, MD

Penn Lung Center -Penn Presbyterian Medical Center Heart and Vascular Pavilion, 1st Floor, Rear 51 N. 39th Street Philadelphia, PA 19104 215-622-8766

PROVIDER DIRECTORY

COMING OUT TO YOUR PROVIDER

RHEUMATOLOGY

Antoine G. Sreih, MD

Perelman Center for Advanced Medicine (Friday) 1st Floor, South Pavilion 3400 Civic Center Blvd Philadelphia, PA 19104 215-662-2454

Penn Medicine University City, 8th floor (Tuesday afternoon and Wednesday) 3737 Market Street Philadelphia, PA 19104 215-662-2454

UROLOGY/MALE SEXUAL HEALTH

Puneet Masson, MD

Male Fertility, Andrology, Male Sexual Medicine Penn Fertility Care – Washington Square 800 Walnut Street, 10th Floor Philadelphia, PA 19107

Penn Presbyterian Medical Center Urology 4th Floor 3737 Market Street Philadelphia, PA 19104

For male sexual health, call 215-662-8699 For male fertility call 215-662-6100

INPATIENT

ANESTHESIOLOGY AND CRITICAL CARE

Meghan Lane-Fall, MD, MSHP

Anesthesiology and Critical Care Hospital of the University of Pennsylvania 3400 Spruce Street Philadelphia, PA 19104 215-662-3717

Jorge A Galvez, MD

Pediatric Anesthesiology and Critical Care The Children's Hospital of Philadelphia 34th Street and Civic Center Boulevard Philadelphia, PA 19104 215-590-7000

HEMATOLOGY/ONCOLOGY

Rebecca Hirsh, MD

Leukemia, Lymphoma, Multiple Myeloma, Myelodysplasia, Myelofibrosis, Palliative Care Perelman Center for Advanced Medicine 2nd Floor, West Pavilion 3400 Civic Center Boulevard Philadelphia, PA 19104



The Children's Hospital *of* Philadelphia[®] Hope lives here.[®]

Gender & Sexuality Development Clinic at The Children's Hospital of Philadelphia:

Provides assessment, medical management and other support for gender-variant or transgender children and adolescents.

GENDER CLINIC PROVIDERS

ADOLESCENT MEDICINE Nadia Dowshen, MD

3350 Market St, 5th Floor Philadelphia, PA 19104 215-590-3537

Linda Hawkins, Ph.D, LPC 🚺

Family Services and Clinical Programs 3550 Market Street, 5th floor Philadelphia, PA 19104 215-280-7128

Wilma C. Rossi, MD 🅡

Pediatric Endocrinology Family Services and Clinical Programs 3550 Market Street, 5th floor Philadelphia, PA 19104 215-280-7128





LGBT people have specific health needs. To receive the best care, it is helpful to tell your healthcare provider that you are LGBT.

The following tips can guide you in coming out to your provider.

- **Bring Support** If you are feeling nervous about coming out, bring a partner, family member, or friend for support.
- **Be Comfortable** Speak openly about your sexual orientation or gender identity when you feel most comfortable.
- **Be Direct and Honest** You can say something like, "It is important that you know I am gay/lesbian/bisexual/ transgender. Now that you know this, is there anything about my healthcare and my sexual orientation/gender identity we should talk about?"
- **Be Open and Patient** If your provider uses the wrong terms or pronoun when referring to you or your partner, allow them to know which terms you prefer.

References:

Gay and Lesbian Medical Association – Ten Things Gay Men, Lesbians, Bisexuals, and Transgender Persons Should Discuss with their Health Care Providers.

Centers for Disease Control and Prevention - Lesbian, Gay, Bisexual, and Transgender Health.

COMMON HEALTH AND WELLNESS TOPICS IMPORTANT TO THE LGBT COMMUNITY

LGBT people can feel shame and bias. They may find it hard to receive good health care. They may also have less healthcare options. Many may feel that health care providers do not know their health needs. The list below gives information about common health and wellness topics within the LGBT community. While these may not affect everyone, these are important health concerns.



CANCER

The LGBT community experiences some cancers more often. Lesbian women have a higher chance of getting breast cancer and some gynecological cancers. Gay and bisexual men have anal cancer more often, more so if HIV-infected. Tests can be done to check for cancer. Talk with a healthcare provider about how and when to check for cancer.

Penn Resources

Abramson Cancer Center

The Abramson Cancer Center provides many cancer treatments. To locate a Penn cancer specialist or to schedule an appointment for a cancer screening, call 1-800-789-PENN or visit www.penncancer.org.

HEART HEALTH

LGBT individuals should take care of their heart health, particularly if they smoke or use certain hormones. Talk to your healthcare provider about ways to be heart healthy.

Penn Resources Penn Heart and Vascular Care

Penn's heart and vascular services provides medical and surgical care. To schedule an appointment, call 1-800-789-PENN or visit www.pennmedicine.org/heart/patient/

MENTAL HEALTH AND ADDICTION

LGBT people may struggle with depression; anxiety; heavy drinking; tobacco use, and drug use. If you are struggling with depression or addiction, get help from your physician.

Penn Resources

Penn Behavioral Health

Penn Behavioral Health offers treatment for many addiction and mental health issues. For the program that best meets your needs, call 1-866-301-4724 or visit www.med.upenn.edu/psych/clinical.html

Smoking Cessation Program at the Penn Lung Center

Penn's Comprehensive Smoking Treatment Program provides help for patients trying to quit smoking. To request an appointment call 1-800-789-PENN or visit www.pennmedicine.org/lung/patient-care/ clinical-services/smoking-cessation/

RELATIONSHIPS AND FAMILY

Many LGBT individuals and couples across America are raising or want to have children. Services are available to help you start a family and deal with family issues.

Penn Recourses Penn Fertility Care

Penn Fertility Care offers a variety of services including sperm insemination and egg donations. To request an appointment, call 1-800-789-PENN or visit www.pennmedicine.org/fertility/patient/ clinical-services/lgbt-family-building/

Center for Couples and Adult Families

Penn's Center for Couples and Adult Families provides counseling services and resources for individuals, couples, groups, and families. To make an appointment call 215-746-5900 or visit www.med.upenn. edu/ccaf/index.html

PREVENTIVE CARE

Preventative care is important for your health. Preventive care includes immunizations, vaccines, screenings, and regular check-ups. The Hepatitis A and Hepatitis B vaccines are recommended for most gay and bisexual men. The Human Papillomavirus (HPV) vaccine is recommended for women and most gay and bisexual men through age 26. Speak to your provider about receiving these vaccinations.

Penn Recourses Penn Primary Care

Penn Primary Care physicians offer outstanding care, and will provide needed vaccinations for their patients. To request an appointment, call 1-800-789-PENN or visit www.pennmedicine.org/ primary-care/

INFECTIOUS DISEASES – HIV, HEPATITIS, STIS

Men who have sex with men are more likely to contract HIV than other groups. However, anyone who is sexually active is at risk and should be tested for HIV and other sexually transmitted infections (STIs) every year. If you are HIV-infected, we can connect you with a skilled provider. If you are in a relationship where one of you is HIV-infected, talk to your provider about options for HIV prevention. To reduce the risk of contracting HIV and STIs, always practice safe sex by using condoms and dental dams.

Talk to your provider about pre-exposure prophylaxis or PrEP, which prevents HIV infection if you are exposed to the virus. This is done by taking one pill every day. When taken every day, PrEP can greatly reduce the risk of HIV infection. Providers in our directory who prescribe PrEP have the letter P next to their name.

Penn Recourses Penn Infectious Diseases

Penn Infectious Diseases provides primary care for patients with HIV, Hepatitis B, Hepatitis C, STIs, and other infectious diseases. To schedule an appointment with a physician, call 1-800-789-PENN or visit www.pennmedicine.org/infectious/ To learn more about the Penn Medicine Program for LGBT Health, visit www.PennMedicine.org/LGBT





To find a provider online with expertise in LGBT health visit www.pennmedicine.org/lgbt/for-patients/physicians-teams/. For any further questions, call 800-789-PENN





