Lesbian, Gay, Bisexual, and Transgender (LGBT) Patient Services
The Penn Medicine Program for Lesbian, Gay, Bisexual, and Transgender (LGBT) Health works to improve the care of all LGBT people. The Program is part of Penn Medicine and the University of Pennsylvania Health System.

We are committed to providing the best care for the LGBT community in a safe and friendly environment.

**OUR PROMISE TO YOU**

As a patient at Penn, you will receive care by providers who will treat you with respect.

- You have the right to healthcare without discrimination based on sexual orientation and gender identity or expression.
- You have the right to choose who you want to visit or come with you to appointments.

To learn more about patient rights at Penn Medicine, please visit [http://www.pennmedicine.org/health-system/patient/quality-outcomes/patient-bill-rights/](http://www.pennmedicine.org/health-system/patient/quality-outcomes/patient-bill-rights/)

Penn Medicine has been designated as a “Leader in LGBT Healthcare Equality” by the Human Rights Campaign Foundation.

**In this LGBT Patient Services Handbook, you will find:**

- A directory of Penn Medicine providers who regularly care for LGBT patients and have knowledge in LGBT health.*

- Recommendations on how to speak with your provider about your sexual orientation and gender identity.

- Information about common health and wellness topics important to the LGBT community.

- A directory of Penn Medicine health services and centers.

* The provider directory is not comprehensive and continues to grow. If you are a provider at Penn and would like to be listed, email lgbthlth@med.upenn.edu or call 215-573-8499

PROVIDER DIRECTORY

This list is not comprehensive and continues to grow. If you are a provider at Penn and would like to be listed, please contact lgbthlth@med.upenn.edu.

PRIMARY CARE

FAMILY MEDICINE

Katherine Margo, MD  Experienced in Transgender Health
Penn Family Care - Penn Medicine University City
3737 Market Street, 9th Floor
Philadelphia, PA 19104
215-662-2777

Allison Myers, MD  Experienced in Transgender Health
Penn Family Care
Penn Medicine University City
3737 Market Street, 9th Floor
Philadelphia, PA 19104
215-662-2777

INTERNAL MEDICINE

Tamara Danilewitz, MD
Penn Medicine - Washington Square, 16th Floor
800 Walnut Street, 16th Floor
Philadelphia, PA 19107
215-662-1001

Laura Tucker Honig, PA-C
Penn Medicine - Washington Square, 16th Floor
800 Walnut Street
Philadelphia, PA 19107
215-662-1001

Kathleen King, MD
Penn Medicine - Washington Square, 16th Floor
800 Walnut Street
Philadelphia, PA 19107
215-662-1001

Andrew W. Maier, MD
PennCare - Edward S. Cooper Practice of General Internal Medicine, Suite 640
3701 Market Street
Philadelphia, PA 19104
215-662-2250

Jennifer Nizen, MD
Penn Medicine - Washington Square, 16th Floor
800 Walnut Street
Philadelphia, PA 19107
215-662-1001

Lori Noble, MD  Experienced in Transgender Health
Prescribes PrEP
Penn Medicine Washington Square, 16th Floor
800 Walnut Street
Philadelphia, PA 19107
215-662-1001

PROVIDER DIRECTORY

ENDOCRINOLOGY, DIABETES, AND METABOLISM

Ilona Loricz, MD  Experienced in Transgender Health
Prescribes PrEP
Perelman Center for Advanced Medicine
4th Floor, West Pavilion
3400 Civic Center Blvd
Philadelphia, PA 19104
215-662-2300

ENDOCRINE AND ONCOLOGICAL SURGERY

Carla Fisher, MD
Breast Surgery
Perelman Center for Advanced Medicine
3rd Floor, West Pavilion
3400 Civic Center Blvd
Philadelphia, PA 19104
215-615-5858

PLASTIC SURGERY

Gren Friedman, MD
Cosmetic facial surgery, Rhinoplasty, Feminization/ masculinization of nose, Facial implants, Eyelid surgery
Penn Medicine – Washington Square, 16th Floor
800 Walnut Street
Philadelphia, PA 19107
215-629-5180

Joshua Fosnot, MD
Reconstructive, cosmetic surgery, and microsurgery
Perelman Center for Advanced Medicine
South Pavilion, 1st Floor
3400 Civic Center Boulevard Philadelphia, PA 19104
23 Morris Avenue, Suite 219
Bryn Mawr, PA 19010
215-662-7300 for both locations

Joseph M. Serletti, MD, FACS
Reconstructive, cosmetic surgery, and microsurgery
Perelman Center for Advanced Medicine
South Pavilion, 1st Floor
3400 Civic Center Boulevard Philadelphia, PA 19104
23 Morris Avenue, Suite 219
Bryn Mawr, PA 19010
215-662-7300 for both locations

FERTILITY CARE

Scott E. Edwards, MD
Infertility and Reproductive Endocrinology
Penn Medicine Washington Square – Penn Fertility Care, 10th Floor
800 Walnut Street
Philadelphia, PA 19104
215-662-6100

Suleena Kansa Kalra, MD, MSCE
Infertility and Reproductive Endocrinology
General Gynecology
Penn Medicine Washington Square – Penn Fertility Care, 10th Floor
800 Walnut Street
Philadelphia, PA 19104
215-662-6100

Monica Mainigi, MD
Reproductive Endocrinology and Infertility
Penn OB/GYN Associates - Reproductive Endocrinology and Infertility, Suite 800
3701 Market Street
Philadelphia, PA 19104
215-662-6100

Suneeta Senapati, MD, MSCE
Infertility and Reproductive Endocrinology
Penn OB/GYN Associates - Reproductive Endocrinology and Infertility, Suite 800
3701 Market Street
Philadelphia, PA 19104
215-662-6100

GENERAL SURGERY

Allen H. Bar, MD
General Surgery
Penn Medicine - Washington Square, 20th Floor
800 Walnut Street
Philadelphia, PA 19107
215-629-3455

Ari D. Brooks, MD
Breast, Thyroid, Parathyroid, and General Oncology Surgery
Penn Medicine – Washington Square, 16th Floor
800 Walnut Street
Philadelphia, PA 19107
215-629-8461

Penn Medicine – Woodbury Heights
1006 Mantua Pike
Woodbury Heights, NJ 08097
215-629-8461

Jon B. Morris, MD
Gastrointestinal Surgery
Perelman Center for Advanced Medicine
GI Surgery, West Pavilion
3400 Civic Center Boulevard Philadelphia, PA 19104
215-662-2131

Rachel R Kelz, MD, MSCE, FACS
Endocrine Surgery
Hospital of the University of Pennsylvania
Silverstein Pavilion, 4th Floor
3400 Spruce Street
Philadelphia, PA 19104
215-662-2030

Penn OB/GYN Associates - Reproductive Endocrinology and Infertility
800 Walnut Street
Philadelphia, PA 19104
215-662-6100
PROVIDER DIRECTORY

GERIATRICS
Jason Karlawish, MD
Cognitive Disorders
Penn Memory Center
3615 Chestnut Street
Philadelphia, PA 19104
215-662-7810

Hematology/Oncology
Charu Aggarwal, MD, MPH
Lung, Head, and Neck Malignancies
Abramson Cancer Center, 2nd Floor, West Pavilion
3400 Civic Center Boulevard
Philadelphia, PA 19104
215-615-5858

Saar Gill, MD
Blood and marrow transplantation
Perelman Center for Advanced Medicine
West Pavilion, 4th Floor
3400 Civic Center Boulevard
Philadelphia, PA 19104
215-662-4000

Arturo Loaiza-Bonilla, MD, FACP
Gastrointestinal Malignancies
Abramson Cancer Center, 4th Floor, West Pavilion
3400 Civic Center Boulevard
Philadelphia, PA 19104
215-615-5858

Jakub Svoboda, MD
Lymphoma
Abramson Cancer Center, 2nd Floor, West Pavilion
3400 Civic Center Boulevard
Philadelphia, PA 19104
215-615-5858

Infectious Disease
Jason Bofinger, MD
Pennsylvania Hospital
Garfield Duncan Building, Suite 1B
301 South 8th Street
Philadelphia, PA 19106
215-829-5354

Kathleen Brady, MD
Pennsylvania Hospital
Garfield Duncan Building, Suite 1B
301 South 8th Street
Philadelphia, PA 19106
215-829-5354

Mike Braffman, MD
Pennsylvania Hospital
Garfield Duncan Building, Suite 1B
301 South 8th Street
Philadelphia, PA 19106
215-829-5354

Neil Fishman, MD
Perelman Center for Advanced Medicine
South Pavilion, 4th Floor
3400 Civic Center Boulevard
Philadelphia, PA 19104
215-662-6932

Janet Hines, MD
HIV/AIDS, General infectious Diseases
Perelman Center for Advanced Medicine
South Pavilion, 4th Floor
3400 Civic Center Boulevard
Philadelphia, PA 19104
215-662-6932

Leigh Kennedy, MD
Pennsylvania Hospital
Garfield Duncan Building, Suite 1B
301 South 8th Street
Philadelphia, PA 19106
215-829-5354

John Stern, MD
Pennsylvania Hospital
Garfield Duncan Building, Suite 1B
301 South 8th Street
Philadelphia, PA 19106
215-829-5354

Pablo Tebas, MD
Perelman Center for Advanced Medicine
South Pavilion, 4th Floor
3400 Civic Center Boulevard
Philadelphia, PA 19104
215-662-6932

Neurology
Andres Deik, MD
Neurology, Movement Disorders
Movement Disorders and Parkinson’s Disease Center
Neurology, 3rd Floor
330 S. 9th Street
Philadelphia, PA 19107
215-829-7512

OB/GYN
Peter Vasquez, MD
General obstetrics and general gynecology
Penn OB/GYN Associates
3701 Market Street, 3rd Floor
Philadelphia, PA 19104
215-662-6035

Otolaryngology, Head and Neck Surgery
Natasha Mirza, MD, FACS
Voice Gender Reassignment Surgery
Hospital of the University of Pennsylvania
Silverstein Pavilion, 5th Floor
3400 Spruce Street
Philadelphia, PA 19104
215-662-2979

Psychiatry/Behavioral Health
Neil J Bonavita, LCSW
Couples and individual therapy, Managing life transitions,
Diverse Family Structures
Medical Arts Building, Suite 808
1601 Walnut Street
Philadelphia, PA 19102
215-839-6062

Jacqueline Hudak, Ph.D., LMFT
General Couple and Family Practice,
Diverse Family Structures, LGBT Couples
The Center for Couples and Adult Families
Rm. 4101-4102
3535 Market Street
Philadelphia, PA 19104
215-746-5900

Kevin Kuehlwein, PsyD
Depression, Anxiety, Anger, Cognitive-behavioral Therapy
Center for Cognitive Therapy, 2nd Floor
3535 Market Street
Philadelphia, PA, 19104-3309
215-898-5049

Edward T. Moon, PsyD, CAADC
Sexual minorities, substance use disorders
255 S. 17th Street, Suite 2301
Philadelphia, PA 19103
484-200-7362

Steven Marc Sokoll, MD
Child, adolescent and adult psychiatry, College
student psychiatry, Sexuality and gender issues
320 Quarry Lane, Havertford, PA 19083
(Monday, Tuesday, Wednesday, Friday)
255 S. 17th Street, Suite 2601
Philadelphia, PA 19103 (Thursday)
610-649-4511

Pulmonary Medicine
C. Jessica Dine, MD, MSHP
Penn Lung Center - Perelman Center for Advanced Medicine
1st Floor, West Pavilion
3400 Civic Center Boulevard
Philadelphia, PA 19104
215-662-3202

Judd Fleisch, MD
Penn Lung Center - Penn Presbyterian Medical Center
Heart and Vascular Pavilion, 1st Floor, Rear
51 N. 39th Street
Philadelphia, PA 19104
215-662-8766

Experienced in Transgender Health
Prescribes PrEP

Experienced in Transgender Health
Prescribes PrEP

Experienced in Transgender Health
Prescribes PrEP
LGBT people have specific health needs. To receive the best care, it is helpful to tell your healthcare provider that you are LGBT.

The following tips can guide you in coming out to your provider.

- **Bring Support** - If you are feeling nervous about coming out, bring a partner, family member, or friend for support.

- **Be Comfortable** - Speak openly about your sexual orientation or gender identity when you feel most comfortable.

- **Be Direct and Honest** - You can say something like, “It is important that you know I am gay/lesbian/bisexual/transgender. Now that you know this, is there anything about my healthcare and my sexual orientation/gender identity we should talk about?”

- **Be Open and Patient** - If your provider uses the wrong terms or pronoun when referring to you or your partner, allow them to know which terms you prefer.

References:
Gay and Lesbian Medical Association – Ten Things Gay Men, Lesbians, Bisexuals, and Transgender Persons Should Discuss with their Health Care Providers.
Centers for Disease Control and Prevention – Lesbian, Gay, Bisexual, and Transgender Health.
LGBT people can feel shame and bias. They may find it hard to receive good health care. They may also have less healthcare options. Many may feel that health care providers do not know their health needs. The list below gives information about common health and wellness topics within the LGBT community. While these may not affect everyone, these are important health concerns.

CANCER
The LGBT community experiences some cancers more often. Lesbian women have a higher chance of getting breast cancer and some gynecological cancers. Gay and bisexual men have anal cancer more often, more so if HIV-infected. Tests can be done to check for cancer. Talk with a healthcare provider about how and when to check for cancer.

Penn Resources
Abramson Cancer Center
The Abramson Cancer Center provides many cancer treatments. To locate a Penn cancer specialist or to schedule an appointment for a cancer screening, call 1-800-789-PENN or visit www.penncancer.org.

HEART HEALTH
LGBT individuals should take care of their heart health, particularly if they smoke or use certain hormones. Talk to your healthcare provider about ways to be heart healthy.

Penn Resources
Penn Heart and Vascular Care
Penn’s heart and vascular services provide medical and surgical care. To schedule an appointment, call 1-800-789-PENN or visit www.pennmedicine.org/heart/patient/

MENTAL HEALTH AND ADDICTION
LGBT people may struggle with depression, anxiety, heavy drinking, tobacco use, and drug use. If you are struggling with depression or addiction, get help from your physician.

Penn Resources
Penn Behavioral Health
Penn Behavioral Health offers treatment for many addiction and mental health issues. For the program that best meets your needs, call 1-866-301-4724 or visit www.med.upenn.edu/psych/clinical.html

Smoking Cessation Program at the Penn Lung Center
Penn’s Comprehensive Smoking Treatment Program provides help for patients trying to quit smoking. To request an appointment, call 1-800-789-PENN or visit www.pennmedicine.org/lung/patient-care/clinical-services/smoking-cessation/

RELATIONSHIPS AND FAMILY
Many LGBT individuals and couples across America are raising or want to have children. Services are available to help you start a family and deal with family issues.

Penn Resources
Penn Fertility Care
Penn Fertility Care offers a variety of services including sperm insemination and egg donations. To request an appointment, call 1-800-789-PENN or visit www.pennmedicine.org/fertility/patient/clinical-services/lgbt-family-building/

Center for Couples and Adult Families
Penn’s Center for Couples and Adult Families provides counseling services and resources for individuals, couples, groups, and families. To make an appointment call 215-746-5900 or visit www.med.upenn.edu/cca/f/index.html

PREVENTIVE CARE
Preventive care is important for your health. Preventive care includes immunizations, vaccines, screenings, and regular check-ups. The Hepatitis A and Hepatitis B vaccines are recommended for most gay and bisexual men. The Human Papillomavirus (HPV) vaccine is recommended for women and most gay and bisexual men through age 26. Speak to your provider about receiving these vaccinations.

Penn Resources
Penn Primary Care
Penn Primary Care physicians offer outstanding care, and will provide needed vaccinations for their patients. To request an appointment, call 1-800-789-PENN or visit www.pennmedicine.org/primary-care/

INFECTIOUS DISEASES – HIV, HEPATITIS, STIS
Men who have sex with men are more likely to contract HIV than other groups. However, anyone who is sexually active is at risk and should be tested for HIV and other sexually transmitted infections (STIs) every year. If you are HIV-infected, we can connect you with a skilled provider. If you are in a relationship where one of you is HIV-infected, talk to your provider about options for HIV prevention. To reduce the risk of contracting HIV and STIs, always practice safe sex by using condoms and dental dams.

Talk to your provider about pre-exposure prophylaxis or PrEP, which prevents HIV infection if you are exposed to the virus. This is done by taking one pill every day. When taken every day, PrEP can greatly reduce the risk of HIV infection. Providers in our directory who prescribe PrEP have the letter P next to their name.

Penn Resources
Penn Infectious Diseases
Penn Infectious Diseases provides primary care for patients with HIV, Hepatitis B, Hepatitis C, STIs, and other infectious diseases. To schedule an appointment with a physician, call 1-800-789-PENN or visit www.pennmedicine.org/infectious/
To learn more about the Penn Medicine Program for LGBT Health, visit www.PennMedicine.org/LGBT

To find a provider online with expertise in LGBT health visit www.pennmedicine.org/lgbt/for-patients/physicians-teams/. For any further questions, call 800-789-PENN.