## **UPHS BENEFITS AT A GLANCE**

Medical and Prescription Drugs	<ul> <li>PennCare PPO Plan administered by Independence Blue Cross</li> <li>Preventive services covered at 100%</li> <li>Prescription drug coverage, provided through Liviniti (Southern Scripts), automatically included with medical plan coverage</li> <li>Mental health, chemical dependency, and autism services, provided through Quest Behavioral Health, automatically included with medical plan coverage</li> </ul>
Dental	<ul> <li>Three plan options: Penn Dental Family Plan, Delta Dental Standard, and Delta Dental Premium</li> <li>Diagnostic and preventive services covered at 100% under all three plans</li> </ul>
Vision	<ul> <li>Two plan options: VSP Vision and VSP Plus</li> <li>All plans pay benefits for lenses and frames</li> </ul>
Wellness	• Participate in Wellfocused and earn cash for taking steps to improve your overall well-being
Flexible Spending Accounts (FSAs)	<ul> <li>FSAs let you pay for certain health and dependent care expenses using your own tax-free dollars</li> <li>You may contribute up to \$3,050 per year to the Health Care FSA</li> <li>You may contribute up to \$5,000 per year to the Dependent Care FSA (employees making more than \$120,000 per year may contribute only up to \$1,800)</li> <li>Administered by HealthEquity</li> </ul>
Life Insurance	<ul> <li>Core life insurance is provided to you at no cost</li> <li>You are automatically covered at 1x your annual base salary, or you may choose \$50,000 of coverage, whichever is less</li> <li>You may elect supplemental coverage for yourself, your spouse, and your dependent children</li> <li>Administered by Securian</li> </ul>
Accidental Death & Dismemberment (AD&D) Insurance	<ul> <li>Pays benefits — in addition to life insurance coverage — if you die or are dismembered as a result of an accident</li> <li>You may elect to purchase AD&amp;D coverage for yourself, your spouse, and your dependent children</li> <li>Administered by Securian</li> </ul>
Short-Term Disability	<ul> <li>Replaces a percentage of your pay for disabilities unrelated to your work</li> <li>The cost of coverage is based on your age and base pay</li> <li>Benefits continue for up to 180 days for approved disabilities</li> <li>Administered by Unum</li> </ul>
Long-Term Disability	<ul> <li>Replaces a percentage of your pay for disabilities unrelated to your work</li> <li>UPHS pays the full cost of coverage, and you are automatically covered after one year of continuous full-time employment</li> <li>Benefits begin after 180 days of approved disability</li> <li>Administered by Unum</li> </ul>
Employee Assistance Program (EAP)	<ul> <li>Available to all employees and dependents 24 hours a day, seven days a week</li> <li>Offers up to eight free, confidential counseling sessions per year, per topic, to assist with a variety of problems, including anxiety, depression, and stress</li> <li>Administered by the Penn Medicine EAP</li> </ul>
Retirement	<ul> <li>Make pre-tax or Roth contributions and receive a company match when eligible</li> <li>Become eligible for a 4% automatic contribution the first quarter after one year of service</li> <li>Administered by Fidelity</li> </ul>
UPHS Benefit Extras	<ul> <li>Legal Benefits</li> <li>Identity Theft Protection</li> <li>Accident Insurance</li> <li>Critical Illness Insurance</li> <li>Auto and Home Insurance</li> <li>Pet Insurance</li> <li>Pet Insurance</li> <li>Long-Term Care and Life Insurance</li> </ul>
Additional Benefits	<ul> <li>Professional Development Program</li> <li>Employee Tuition Assistance</li> <li>PeopleJoy Student Loan Assistance</li> <li>Paid Parental Time</li> <li>Adoption and Surrogacy Assistance</li> <li>Work-Life Program <ul> <li>Monthly live sessions on topics including work, family, stress, and lifestyle techniques</li> <li>One-on-one wellness and holistic health coaching</li> </ul> </li> <li>TRIP Commuter Program <ul> <li>TRIP Commuter Program</li> <li>SEPTA Key Advantage Program</li> <li>Wellthy</li> <li>Health Advocate</li> <li>Penn Medicine OnDemand</li> <li>Employee Hypertension Management Program</li> <li>Employee Health Clinic</li> <li>Gender Affirming Surgeries Covered under Medical Plan</li> <li>Securian Financial Lifestyle Benefits</li> </ul> </li> </ul>