



Christopher T. Plastaras, MD *Physician*



Administrative Title

Director, Penn Spine Center; Director of the Penn Spine, Sports Musculoskeletal Clinical Fellowship; Chief, Division of Musculoskeletal Rehabilitation

Faculty Appointment

Assistant Professor of Physical Medicine and Rehabilitation at the Hospital of the University of Pennsylvania

Affiliation

Penn Medicine

Specialty

Physical Medicine and Rehabilitation

Board Certification

Physical Medicine and Rehabilitation, 2001
Physical Medicine and Rehabilitation - Sports Medicine, 2009

Areas of Interest

- ▶ ablation of nerves
- ▶ Achilles tendonitis
- ▶ acute pain
- ▶ ankle pain
- ▶ ankle problems (non-operative)
- ▶ ankle sprain
- ▶ ankle tendonitis
- ▶ arthritis
- ▶ arthritis - post traumatic
- ▶ arthrocentesis site injection
- ▶ back pain
- ▶ bursitis
- ▶ carpal tunnel syndrome
- ▶ compression treatment - spine
- ▶ dance injury - foot and ankle
- ▶ discogram
- ▶ discography
- ▶ elbow pain
- ▶ elbow tendonitis
- ▶ exercise and the elderly

(47) more...

For a complete list visit:
<http://www.pennmedicine.org>

Educational Background

Medical School

University of Pennsylvania School of Medicine

Residency

*Albert Einstein Medical Center
Northwestern Memorial Hospital*

Awards/Notes

Recognized by Best Doctors in America 2009-2010,

Memberships

International Spinal Intervention Society
American Academy of Physical Medicine and Rehabilitation
National Council of Strength & Fitness
Certification Agency
Penn Center for Musculoskeletal Disorders, 1/2014
TLG Research Associates Annual study to assess injured workers access to quality medical care; commissioned by the Commonwealth of Pennsylvania

Practice Locations

Physical Medicine and Rehabilitation

Penn Medicine Rittenhouse
1st Floor
1800 Lombard Street
Philadelphia, PA 19146
800-789-PENN (7366)

A facility of the Hospital of the University of Pennsylvania

Dr. Plastaras is a Penn Medicine physician who is employed by or has a contract with the Clinical Practices of the University of Pennsylvania.