



# Penn

## Home Care & Hospice Services

All your home care services  
under one roof

Wissahickon Hospice ❖ Penn Care at Home ❖ Penn Home Infusion Therapy

### HUTCHINSON CUP REGATTA

*Supporting Hospice & Palliative Care*



Joyce Michel, Chair and Founder of the event, heads out to race.

On Saturday, September 17, over 100 rowers raced in the second annual Hutchinson Cup Regatta on the Schuylkill River. The regatta, held in memory of Tom C. Hutchinson III, benefits hospice and palliative care initiatives. Tom was committed to having others enjoy the sport he loved so much.

“It's hard to believe we held the 2nd Hutchinson Cup Regatta,” said Joyce Michel, Tom's wife and founder of the regatta. “We had a great, fun-filled day of racing, a day Tom would have totally enjoyed.”

“Tom and I will be forever grateful for the help we received from the Wissahickon home care staff. One of Tom's favorite sayings was let's ‘make lemonade out of lemons;’ the home care staff truly enabled us to do just that: make a difficult time into a truly treasured experience. Therefore we gladly continue to support Wissahickon's

In Patient Facility Fund. When the net contributions from this year's regatta are calculated Wissahickon Hospice will receive one third, not less than \$10,000, of the proceeds for their much needed In-Patient Facility. We take great pleasure in helping Wissahickon and other not for profit hospices who share in our mission.”

*continued on page 3...*



### PENN HOME CARES FUND

*To Provide Home Health Care to Uninsured*

This Fall, Penn Care at Home established the Penn Home Cares Fund to provide home health care for people who are uninsured or don't have complete medical coverage, and who qualify for service. The fund will help provide specialized nursing care, social service support, physical therapy, speech therapy, occupational therapy, and home health aide services. The fund will also cover limited medical equipment and supplies as well as medications.

“To date, over \$1,300 has been raised through individual contributions,” stated Lisa Stanley, Director of Penn Care at Home. “We are extremely grateful to all of our donors who supported our initial campaign to begin this fund. We are also looking to foundations and corporations to help support this fund so that we can serve more patients, as the number of uninsured continues to grow.”

“Penn Care at Home provides an important bridge for a patient's speedy and complete recovery following surgery, an injury or severe illness,” she added. “A critical part of our mission is our dedication to providing the finest care possible in the home.”

#### INSIDE THIS ISSUE

Hutchinson Cup Regatta...page 1

Penn Home Cares Fund...page 1

Message from Executive Director...page 2

Light Up A Life...page 2

David Bradley Children's Bereavement Program...page 3

Note from a Patient...page 3

Upcoming Events...page 4



Joan Doyle,  
Executive Director

## FROM OUR EXECUTIVE DIRECTOR

The Fall season has been a busy one at Penn Home Care & Hospice Services. Admissions to our programs have grown from last year, and we predict the need for home health and hospice care will continue to increase in the foreseeable future. We pride ourselves on providing world class care in community settings and remain dedicated to our mission of providing the best

possible care in the home by skilled, competent and caring professionals.

With these goals in mind, I am proud to announce that Wissahickon Hospice was awarded a three-year accreditation from the Joint Commission on Accreditation of Healthcare Organizations (JCAHO). JCAHO accreditation is awarded to organizations when its performance meets or exceeds the

JCAHO standards and quality expectations.

As the holiday season approaches, we are preparing for our annual Light Up a Life events. Each year, Wissahickon Hospice gathers with our community in various places in and around Philadelphia for symbolic tree lighting ceremonies, which commemorate and honor those individuals who have touched our lives; both past and present. I hope you will be able to join us for one of our ceremonies. The trees will remain lighted throughout the holiday season, so those of you who are not able to join us should feel free to visit one of our three locations during the month of December to enjoy the trees and reflect on those who have made an impact on your life...and how your life impacts others. Each and every one of us makes a difference.

Thank you for your continued support. Without you, none of this would be possible. Wishing you and yours a healthy, happy holiday season.

### LIGHT UP A LIFE ORDER FORM

- |                                     |         |  |      |
|-------------------------------------|---------|--|------|
| <input type="checkbox"/> Sponsor    | \$1,000 | <input type="checkbox"/> 5 Lights      | \$50 |
| <input type="checkbox"/> Angel      | \$500   | <input type="checkbox"/> 2 Lights      | \$25 |
| <input type="checkbox"/> Benefactor | \$250   | <input type="checkbox"/> 1 Light       | \$15 |
| <input type="checkbox"/> Patron     | \$125   | <input type="checkbox"/> Donation Only |      |

My contribution of \$\_\_\_\_\_ is enclosed.

**Please make checks payable to Wissahickon Hospice** and mail to:  
1 Presidential Blvd., Ste. 125, Bala Cynwyd, PA 19004

Donor's Name \_\_\_\_\_

Address \_\_\_\_\_

City, State, Zip \_\_\_\_\_

For payment by credit card:  M/C  Visa  AmEx  Dis

Credit Card # \_\_\_\_\_ Exp. Date \_\_\_\_\_

Signature \_\_\_\_\_

A Light Up A Life card can be sent for each person honored.

- I prefer to send my own Light Up A Life cards.
- I prefer that you send the acknowledgement cards on my behalf.

I am enclosing a separate note providing you with the name of the person I wish to recognize, whether the gift is in memory or in honor of this person, and the name and address of the person to whom you should send the acknowledgement card.



### LIGHT UP A LIFE

Wissahickon Hospice invites the community to join them in remembering those who have died and in honoring the living at its annual

Light Up A Life ceremonies scheduled at:

#### **Pennsylvania Hospital**

4:30 pm, Thursday, December 1

Speaker: Don Tollefson, Sports Director for Fox News

#### **Chestnut Hill's Fountain Park Plaza**

4 pm., Sunday, December 4

Speaker: Reverend Maxine Maddox Dornemann, Chestnut Hill Board of Directors Executive Committee President

#### **Phoenixville Hospital**

5:30 pm, Tuesday, December 6

Speaker: Debbie Mitchell, Executive Secretary for the Phoenixville Community Health Foundation Board of Directors

At each location, a tree adorned with lights is lit, each light dedicated in honor or memory of someone.

You can support Wissahickon Hospice and Light Up A Life by making a contribution in honor or in memory of someone who has touched your life. All the money raised through this year's Light Up A Life will benefit Wissahickon Hospice's Needy Patient Fund, providing care and comfort to dying patients who have no insurance and are unable to pay for services otherwise.

## Hutchinson Cup Regatta, *continued from page 1*

This Masters Head Race consisted of 18 races including a mixed doubles turning the stake race inspired by the famous Thomas Eakins painting, "Turning the Stake." The Hutchinson Cup, awarded to the boathouse with the most entries, went to Bachelors Barge Club. Tom, an avid rower and competitor, was a member of the Bachelors Barge Club. Awards were also given to the first three places in each of the events.



Turning the Stake on the Schuylkill River



## NOTE FROM A PATIENT

*I recently had heart surgery and had the good fortune of having Penn Care at Home as my home care. Words cannot describe the effect your nursing staff had on my recovery. The nurse who visited was very patient, reassuring, knowledgeable and upfront. If I had a question and she was not sure of the answer, she would research the question and get back to me. I was sorry when the time came for her visits to end.*

*Penn Care at Home is to be commended. I thank you for the wonderful service you provided.*

## DAVID BRADLEY CHILDREN'S BEREAVEMENT PROGRAM



The David Bradley Children's Bereavement Program recognizes that outreach and support of children and teens in their initial grief can help young people successfully deal with recurring grief. The program provides counseling to approximately 250 children and their families annually. It also reaches close to 500 children indirectly by providing community training, resources and consultations.

"I recently met with a family whose grandfather was on hospice," said Amy Zabele, Program Coordinator. "The grandmother did not believe the grandchildren should be included or even come to visit at the time of the grandfather's death. Their mother, however, thought otherwise and consulted me about her dilemma. We talked about the importance of including children, no matter how young, and how she might handle the situation."

"Afterwards, the mother said, 'Thank you so much. This information has been so helpful, we really did not know what to do. Now we know how to talk to and include the kids.' Families really love the support that this program offers them."

Wissahickon Hospice has been able to sustain the David Bradley Bereavement Program over the years through numerous fundraising activities and the tireless efforts of many volunteers. This year has been no exception. Popcorn Day at the Phillies, chaired by David's mother, Doris Plager, raised

almost \$40,000. Jordan Robinson, a friend of David's, ran in the New York City Marathon on November 6, raising close to \$5,000. A group of David's friends in California, led by Kelly Ackert, are coordinating a raffle and letter writing campaign. Amy is working with her fitness center on a spinning event. Wissahickon Hospice is designating all proceeds it receives from United Way's Donor Option to the program.



Amy Zabele, Program Coordinator

The program has also garnered support from several foundations and organizations. Grants received this year include:

The David Glenn Bradley Memorial Fund	\$8,147
Dolfinger McMahon Foundation	\$5,000
Patricia Kind	\$2,500
First Presbyterian Church in Germantown	\$2,000
Union Benevolent Association	\$1,500
The Leo Model Foundation	\$ 500
Worcester Township Fund	\$ 300
First Presbyterian Church of Springfield	\$ 250

For more information on the David Bradley Children's Bereavement Program, call Wissahickon Hospice at 1-800-700-8807.



UNIVERSITY OF  
PENNSYLVANIA  
HEALTH SYSTEM

1 Presidential Boulevard  
Suite 125  
Bala Cynwyd, PA 19004

[www.pennhealth.com/homecare](http://www.pennhealth.com/homecare)

Non-Profit Org.  
U.S. Postage  
PAID  
Permit No. 662  
Bala Cynwyd, PA

# Penn

Home Care  
& Hospice Services

Wissahickon Hospice ❖ Penn Care at Home ❖ Penn Home Infusion Therapy

## Upcoming Events

For more information about these events, please call 1-800-700-8807

### Light Up A Life

- Pennsylvania Hospital  
4:30 pm, Thursday, December 1
- Chestnut Hill's Fountain Park Plaza  
4 pm, Sunday, December 4
- Phoenixville Hospital  
5:30 pm, Tuesday, December 6

### Hospice Volunteer Training

Jan. 21st & 22nd  
Wissahickon Hospice, Bala Cynwyd, PA  
Suite 125 - at 1 Presidential Boulevard in Bala Cynwyd.  
Training session for anyone who wants to volunteer their time and make a difference in the lives of hospice patients and their families. Call (610) 617-2400 to register and ask for the Volunteer Department.

### Speaker's Bureau

A community service of Wissahickon Hospice providing continuing education on important subjects relating to end-of-life issues. This program is provided free of charge to churches, organizations and a variety of groups within the community. For more information call Ritajeon Reed, Director of Volunteer Services at (610) 617-2400.

### Future of Hospice & Palliative Care Conference Thursday, March 16, 2006

#### Houston Hall, University of Pennsylvania

The latest in hospice and palliative care medicine will be covered at this professional conference geared to doctors, nurses and social workers. The Keynote Speaker is Dr. J. Donald Schumacher, Executive Director, NHPCO. Proceeds from exhibitor fees support the Holy Cross Hospice Program in Botswana, Africa.