

**Presented by:**

**Penn Wissahickon Hospice**

*Penn Future of Hospice and  
Palliative Care Conference 2010*

**Wednesday, March 24<sup>th</sup>, 2010**

**7:30 AM - 9:00 AM CHECK-In & Continental Breakfast with Exhibitors**

**9:00 AM - 2:30 PM Conference Session**

**Hilton Philadelphia City Avenue**

**4200 City Avenue, Philadelphia PA 19131**

***Social Work and Nursing Credits Pending***

**Overview**

This conference will focus on the medical, social, emotional, and ethical issues surrounding end-of-life care, including the current state of hospice and palliative care in this country as well as its perceived future. By focusing on the most up-to-date and advanced topics in hospice and palliative care, this conference will offer a valuable educational experience to physicians, healthcare professionals, and community leaders.

Participants will have a choice of several breakout lectures devoted to specific topics related to end-of-life care:

- \* Palliative chemotherapy
- \* Helping children cope with grief
- \* Communication strategies
- \* Palliative care and dementia
- \* Caring for the professional caregiver
- \* Team dynamics
- \* Regulatory update

**Faculty**

**Conference Chair and this year's Keynote Speaker:** David J. Casarett, MD, MA  
Associate Professor of Medicine, Penn Medicine, NHPCO's Consultant Medical Director and author of *Last Acts: Discovering Possibility and Opportunity at the End of Life* (Simon & Schuster, January 2010)

## **Target Audience**

This course is designed to meet the educational needs of physicians, nurses, social workers, case managers, healthcare providers and community leaders who manage patients facing end-of-life care.

## **Educational Objectives**

At the conclusion of this program, participants will be able to:

- \* Gain practical skills in managing common medical, ethical, and spiritual problems that arise in patients who receive end of life care in medical settings. (Plenary, Breakout)
- \* Apply evidence-based techniques of communication in common end-of-life situations. (Breakout)
- \* Apply an evidence-based approach to pain management. (Breakout)
- \* Be able to describe future challenges and opportunities for end of life care in acute and long term care settings. (Breakout)

## **Breakout Session Subjects and Leaders**

### ***Welcome & Introductions*      9:00 AM – 9:15 AM**

- ❖ **Joan Doyle, RN, MSN, MBA**, Executive Director of Penn Home Care & Hospice Services, University of Pennsylvania Health System
- ❖ **David J. Casarett, MD, MA**, Associate Professor of Medicine, Division of Geriatric Medicine, University of Pennsylvania

### ***Keynote Speaker*   9:15 AM – 10:15 AM**

- ❖ *Discovering possibility and opportunity at the end of life.*  
**Lecturer: David J. Casarett, MD, MA**, Associate Professor of Medicine, Penn Medicine, NHPCO's Consultant Medical Director and author of *Last Acts: Discovering Possibility and Opportunity at the End of Life* (Simon & Schuster, January 2010)

### ***Session 1*   10:45 AM - 12:00 NOON**

#### **Lectures**

- \* *Palliative care and dementia*  
**Lecturer: Karen B. Hirschman, PhD, MSW** Research Assistant Professor, PENN Nursing; Member, NewCourtland Center for Transitions and Health; Co-I/Project Manager, Enhancing Care Coordinator (ECC) Study
- \* *Effective communication strategies in long term care: LTC team, hospice teams and families*  
**Lecturer: Amy Corcoran, MD**, Assistant Professor of Clinical Medicine; Geriatrics and Long-term Care Program Director, Penn Wissahickon Hospice, **Linda Sloane Lemisch, MS, NHA**, Healthcare Center Administrator, Stapeley in Germantown
- \* *Self care for the hospice provider*  
**Lecturer: Rev. Arthur A. Gilbert, M.Div., Chaplain** at Penn Wissahickon Hospice, **Alicia Marini-Bloom, MSW, LSW**, Social Worker, Penn Wissahickon Hospice

- \* *Legal issues at the end of life: The basics everyone should know*  
**Lecturers: Roxane Crowley, Esquire**
- \* *Palliative chemotherapy*  
**Lecturer: Jennifer Shin, MD**, Fellow in Oncology at Penn Medicine
- \* *Best practices for helping children cope with the terminal illness of a family member*  
**Lecturer: Elise Gaul, MS, LPC, CT**, Children's Bereavement Coordinator, David Bradley Children's Bereavement Program; Director, Camp Erin-Philadelphia, Penn Wissahickon Hospice
- \* *Interdisciplinary teams: How to foster effective team dynamics*  
**Lecturer: Joseph Straton, MD, MSCE**, Chief Medical Officer, Penn Wissahickon Hospice, University of Pennsylvania Health System

## **Session II 1:00 PM—2:15 PM**

### **Lectures**

- \* *Regulatory update from Washington*  
**Lecturer: Jennifer Kennedy, MA, BSN, RN**, Regulatory & Compliance Specialist, National Hospice and Palliative Care Organization
- \* *Palliative care and dementia*  
**Lecturer: Karen B. Hirschman, PhD, MSW** Research Assistant Professor, University of Pennsylvania School of Nursing; NewCourtland Center for Transitions and Health
- \* *Self care for the hospice provider*  
**Lecturer: Rev. Arthur A. Gilbert, M.Div., Chaplain** at Penn Wissahickon Hospice, **Alicia Marini-Bloom, MSW, LSW**, Social Worker, Penn Wissahickon Hospice
- \* *Legal issues at the end of life: The basics everyone should know*  
**Lecturers: Roxane Crowley, Esquire**
- \* *Interdisciplinary teams: How to foster effective team dynamics*  
**Lecturer: Joseph Straton, MD, MSCE**, Chief Medical Officer, Penn Wissahickon Hospice, University of Pennsylvania Health System

*Presentation materials for all conference educational sessions will be posted online following the conference at <http://penncare.org/homecare/conference/>.*

### **Agenda**

***There is no fee to attend the conference.***

***Donations are being accepted for Penn Palliative Care Exchange Program  
Benefitting Holy Cross Hospice in Botswana, Africa***

<https://secure.pennhealth.com/ecommerce/AppForms/DonateHospice/StartOrder.aspx?chooseFund=8>

7:30 - 9:00 AM	Registration and Continental Breakfast with Exhibitors
9:00 - 9:15 AM	Welcome and Introductions <i>Joan Doyle, RN, MSN, MBA</i> <i>David J. Casarett, MD, MA</i>
9:15 - 10:15 AM	Keynote Address <i>David J. Casarett, MD, MA</i>
10:15 - 10:45 AM	Break
10:45 - 12:00 Noon	Breakout Session I (registration in advance, choice of one)
12:00 - 1:00 PM	Lunch (Provided) with Exhibitors / Door Prizes
1:00 - 2:15 PM	Breakout Session II (registration in advance, choice of one)
2:15 - 2:30 PM	Program Conclusion / Turn in Evaluation

### **To Register**

Go to <http://penmedicine.org/homecare/conference/> to register for this program and the Breakout Sessions you would like to attend. Please contact Kerry Nihill with any questions at 610-617-2443 or [kerry.nihill@uphs.upenn.edu](mailto:kerry.nihill@uphs.upenn.edu).

### **Cancellation Policy**

Penn Wissahickon Hospice reserves the right to cancel or postpone this course due to unforeseen circumstances. In the event of a cancellation or postponement, Penn Wissahickon Hospice is not responsible for related costs or expenses to participants, including cancellation fees assessed by hotels, airlines, and travel agencies.

### **Services for the Disabled**

If special arrangements are required for an individual with a disability to attend this meeting, please contact Kerry Nihill no later than March 22, 2010 at (610) 617-2443 or [kerry.nihill@uphs.upenn.edu](mailto:kerry.nihill@uphs.upenn.edu).